

Food Purity Pledge

As far as possible, everything in this feast will be made from scratch—absolutely no canned broth, bouillon, or anything containing modern flavor enhancers. The same goes for dyes. We may not raise all our meat, vegetables and dairy, but they are the purest we can find. The bread flour is organic from Lindley Mills. Honey is from local bees. In particular, we check all our meats to ensure they are not “enhanced with a solution” of God-knows-what. We have the containers if you want to read the labels.

We do our best to segregate meat from wheat and dairy, but everything will come out of one kitchen. Dust and crumbs might travel. We have no soy or soy products in any of our dishes. We have no shellfish in any of our dishes. Could there be sulfites in the wine or dried fruit? Yes. We don’t use canola oil. We are cooking with light olive oil or butter. If you are sensitive to olives, please let the kitchen know and we’ll advise you on what to avoid.

Special Diets Supported

Gluten-free, dairy-free, lacto-ovo-vegetarian, no red meat, and nut-free.
Each of these will have something to eat in each course and something hearty to fill up on.

Course	pe Olde Name	Modern Name	Gluten Free	Milk Free	Nut Free	No Red Meat	Vegetarian
Spring	Brede	Decorated Flatbread		x	x	x	x
	Cheeses	Cheese Roses	x		x	x	x
	To Farse Egges	Stuffed Egg Tulips	x		x	x	x
	Collops	Bacon Roses	x	x	x		
Summer							
	Salat	Salad	x	x	x	x	x
	Minces	Brussels Sprouts	x	x	x	x	x
	Gely	Wine Aspic	x	x	x		
	Chyches	Chickpeas	x	x	x	x	x
	Farsure For Chekyns	Chicken Galantine	x	x	x	x	
	Sause Blaunk	Ginger Sauce	x	x		x	x
Autumn							
	Bores-Hed Enarmed	Roast Pork	x	x	x		
	Galyntyne	Galanga Sauce		x	x	x	x
	Mustard and Vinegar	Creole Mustard	x	x	x	x	x
	Makrows	Mac & cheese			x	x	x
	Leeks and Neeps	Leeks and Turnips	x		x	x	x
	Chestnuts	Chestnuts	x	x		x	x
	Honeycomb	Honeycomb	x	x	x	x	x
	Bread Cornucopia	Bread Cornucopia		x	x	x	x
	Gingerbrede	Gingerbread Balls		x	x	x	x
	Apples	Apples	x	x	x	x	x
	Pommedorry	Mincemeat Balls		x	x		
Winter							
	Foole	Bread Pudding			x	x	x
	Porreyne	Plum Pudding	x	x	x	x	x